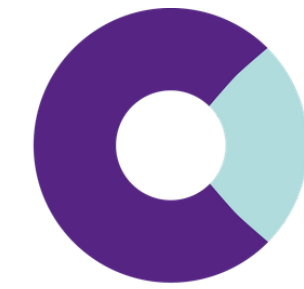


# Young Carers Forum



North Tyneside  
Carers' Centre

Date: 21st May 2026

Location: Shiremoor Family Hub

Time: 4:30 pm – 6:00 pm

Staff Present:

- Kate (Young Carers Team Lead)
- Michelle (Family Support Worker)

Young People Attending: 3

**Next Meeting:**

**Date:** Monday 22nd June 2026

**Time:** 4:30 pm – 6:00 pm

**Location:**

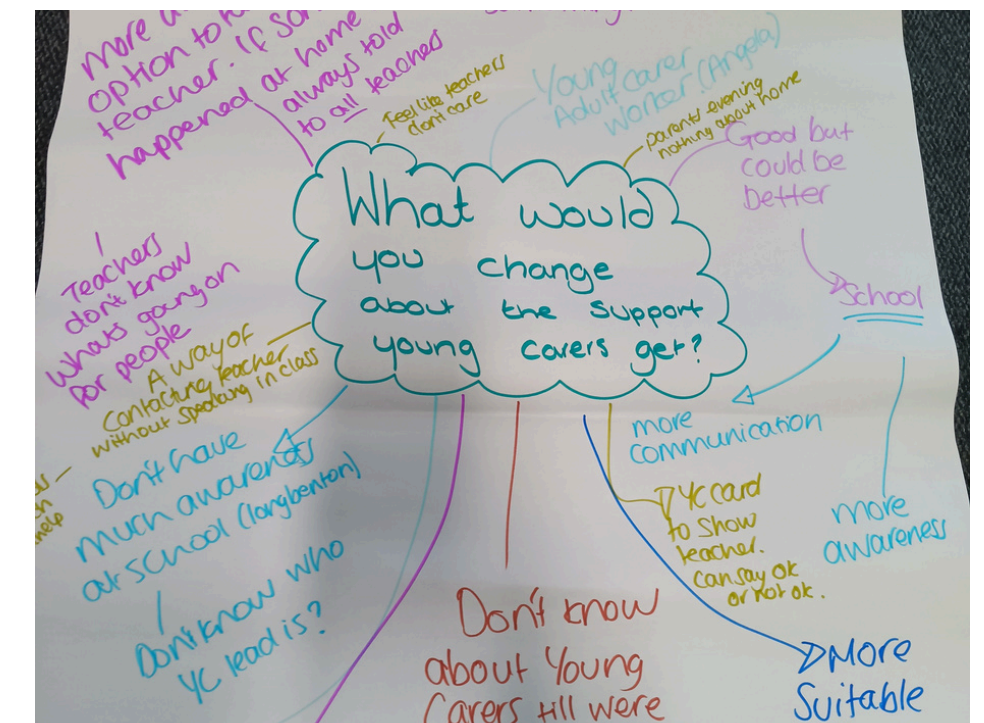
Shiremoor Family Hub  
9 Bridge Terrace  
Shiremoor  
Newcastle upon Tyne  
NE27 0TA

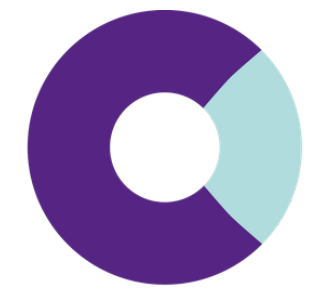
## Session Overview

The session focused on gathering feedback from young carers on how the forum should run, including structure, activities, and how to make it more engaging and accessible.

The session also included fun engagement activities, such as board games, to support comfort and participation.

Each young person received a £10 Greggs voucher in recognition of their time and contribution. Huge Thank You to Greggs for their donations and ongoing support.





North Tyneside  
Carers' Centre

## Key Discussion: How Should the Forum Run?

### Frequency & Format

- Preference for sessions once a month
- Important to include an activity each session
- Follow-up updates from previous discussions

### Accessibility & Environment

- Should be open to all young carers (no restrictions)
- Sessions should not be online (Teams) as it is harder to focus
- Preference for face-to-face sessions

### Location

#### Suggestions included:

- Move locations (not always the same venue)
- Choose venues close to metro stations

### Group Structure

#### Young people suggested:

- Keeping the same staff for each session
- Introducing a buddy system to support new starters

### Incentives & Engagement

#### Suggestion for:

- Loyalty/reward scheme (e.g. attend 3 sessions → receive voucher/treat)
- Vouchers are seen as a positive incentive

### Promotion & Recruitment

Need to increase attendance

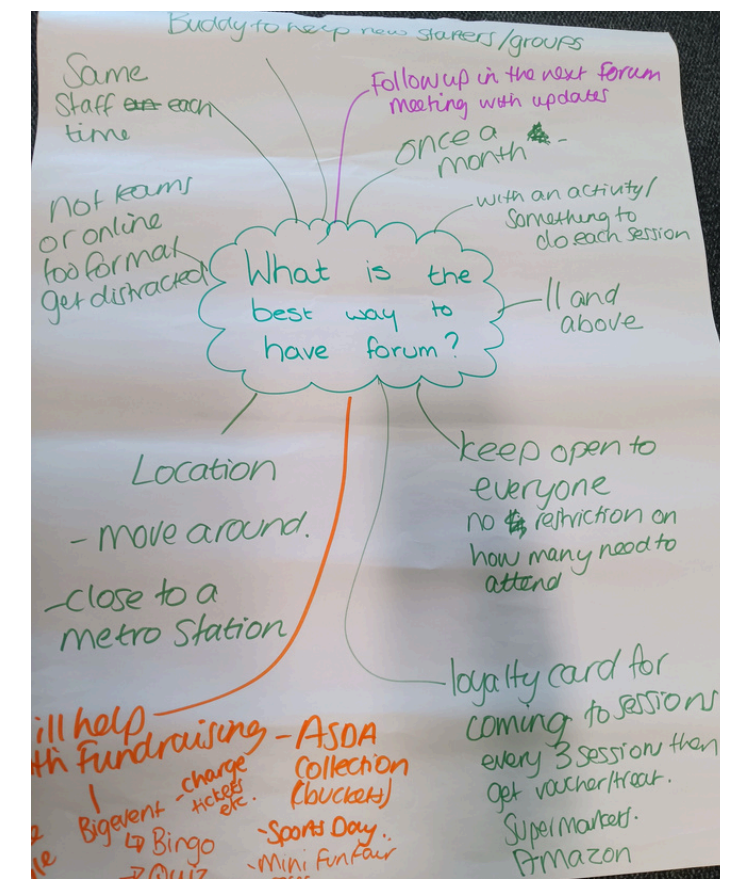
#### Ideas included:

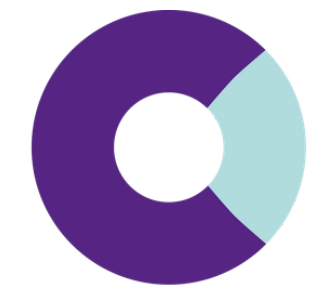
- Posters
- Peer encouragement
- Making sessions more visible and appealing

### Fundraising Ideas

#### Young people suggested:

- Bingo
- Quiz/Raffles/ticket
- Raffles / ticket sales
- Supermarket collections
- Sports day / mini fun run





North Tyneside  
Carers' Centre

## Key Discussion: What Would Change the Support You Get as Young Carers?

### Young people shared the following: What Works Well in our service?

- Talking about how being a young carer feels
- Exploring what people do and don't know about young carers
- Opportunities to share experiences and be listened to

### What Could Be Better across all services and school

- More understanding from others about what young carers do
- Increasing awareness in schools
- Improving communication and recognition of support needs

### School Feedback

- Some young people shared that schools could be better at understanding young carers
- Positive feedback that some school support is good, but more consistency is needed



### Key Outcomes

- Clear preference for monthly, face-to-face sessions
- Strong emphasis on fun + activity alongside discussion
- Need to improve recruitment and attendance
- Young carers value being heard and involved in shaping the forum

### Actions

- Increase recruitment of forum members for next session
- Consider reward/loyalty scheme
- Explore venue options (metro accessible)
- Build in structured but activity-based sessions
- Consider buddy system for new members