

Young Carers Forum

April 2026

Agenda:

- Centre update
- Staffing
- New recruitment of forum members



Overall Role

The Forum is a key part of North Tyneside Carers' Centre's (NTCC) process for involving and listening to young carers. Their work supports the Board of Trustees in delivering the Charity's objectives.

Forum members may be asked to represent young carers on relevant groups/committees in North Tyneside.

Key Tasks:

To act as a voice and advocate for young carers in North Tyneside, to help NTCC:

- Understand issues and concerns which impact on young carers.
- Deliver NTCC's Corporate Strategy.
- Review young carers' services and, where necessary, develop new services which meet the needs of young carers.
- Review and help to develop marketing resources to reach young carers of all ages.
- Maximise local and national media opportunities to raise the profile of young carers.
- Influence local and national policy affecting young carers.

Next Meeting: Monday 18th May 2026

4.30 pm - 6 pm

Location TBC

Contact: Youngcarers@ntcarers.co.uk



Discussions

Members of the Young Carers Forum met to review upcoming plans, learn more about the service, and share ideas about the forum's future.

Agenda and Planning

- The forum was shown the agenda for the next 12 months.
- Young carers were allowed to suggest changes or share feedback on planned activities.
- Discussion encouraged participation in shaping future sessions.

Service Presentation

- A presentation was delivered outlining the Young Carers Service.
- This included an introduction to staff members and an explanation of their individual roles.
- Young carers were updated on the increasing demand for the service and the need for additional support in the near future.

Recruitment and Promotion Activity

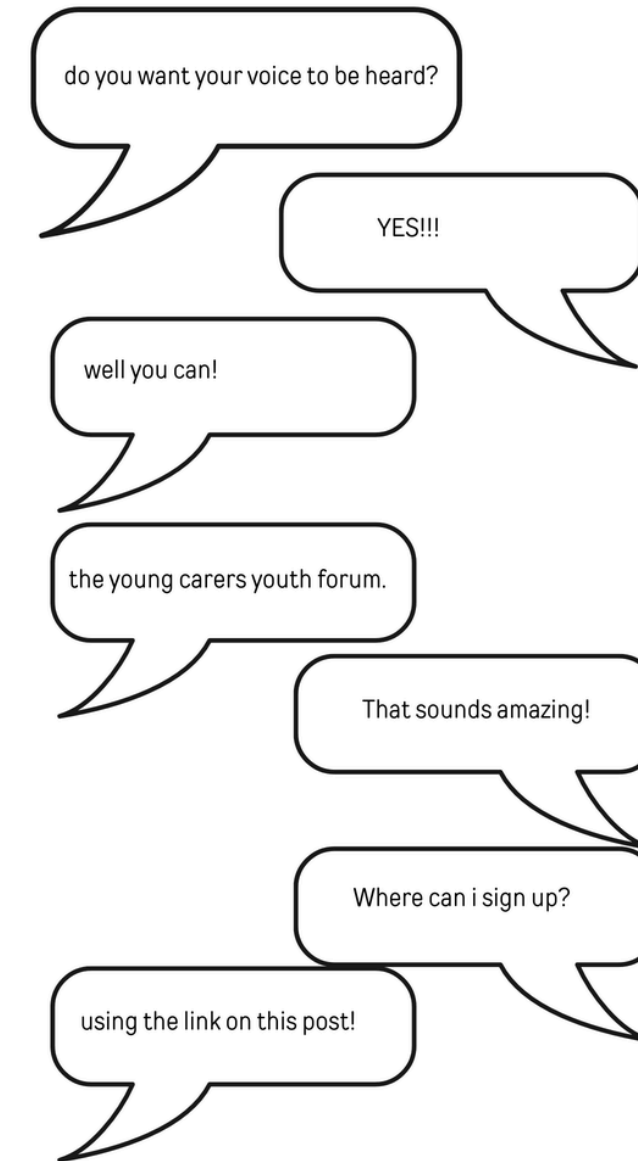
- Young carers took part in a creative activity to help recruit new members to the forum.
- Posters were designed using Canva as well as hand-drawn posters using pen and paper.
- Ruby shared that using a template of pre-written messages was the best approach for poster wording, as it made the information clearer, interesting and easier for others to understand.
- Posters promoted the forum as:
 - A space for young carers to have their voices heard

Discussion: Time, Place and Appeal

- A group discussion took place about:
 - Preferred meeting times
 - Location of the forum
 - How to make the forum more appealing and accessible to other young carers
- Young carers shared ideas to help ensure the forum feels welcoming and engaging.

Next Steps

- Feedback and ideas from the session will be considered when planning future forums.
- Posters created by the group will be used to support recruitment.
- Kate to review the location of the next session.



would you like to have your say?



We can grant you a behind the scenes action experience on how we run this charity.

