

Young Carers Forum

January 2026

Agenda:

- How can we reach people who have no support?
- What should carers support look like in 2026?
- What do carers want from our centre?
- Boardgames



Overall Role

The Forum is a key part of North Tyneside Carers' Centre's (NTCC) process for involving and listening to young carers. Their work supports the Board of Trustees in delivering the Charity's objectives.

Forum members may be asked to represent young carers on relevant groups/committees in North Tyneside.

Key Tasks:

To act as a voice and advocate for young carers in North Tyneside, to help NTCC:

- Understand issues and concerns which impact on young carers.
- Deliver NTCC's Corporate Strategy.
- Review young carers' services and, where necessary, develop new services which meet the needs of young carers.
- Review and help to develop marketing resources to reach young carers of all ages.
- Maximise local and national media opportunities to raise the profile of young carers.
- Influence local and national policy affecting young carers.

Next Meeting: Tuesday 24th February 2026

4.30 pm - 6 pm

Wallsend Office

Contact: enquiries@ntcarers.co.uk

Discussions

How can we reach people who have no support?

- NTCC offer more assemblies and awareness-raising events in schools.
- Provide opportunities for carers to have a voice
- Record sessions so carers can watch at a later date
- Do not permanently close a call, touch-base on an ad-hoc basis, allow access post-intervention, and other services provide 2 years.
- School led groups for Young Carers during lesson time rather than lunch or free time.

What should carers' support look like in 2026?

- Support in schools: 2-week check-ins
- provide a Chat Bot through CHATGPT
- Support to plan time between parents and carers for 121 time.
- Widen awareness before school
- Advertising what is available for carers through little adverts on phones
- Transportation support
- NTCC presence at parent evenings, open days, careers days: Primary, Secondary and Higher Education,

What do carers want from our centre?

- Full day trips
- Transport support - funds/passes
- Annual check-in from a Family Support Worker
- Young Adult Carer groups - not always on the same day of the week to support attendance.
- Online sessions
- Recorded sessions
- Financial support and extra help for those with a high caring role who cannot leave their home due to caring.

