

# Supporting Carers in North Tyneside



## North Tyneside **Commitment to Carers**

2024 - 2029 Summary

# Commitment to Carers

Unpaid carers play a vital role in our communities. Without them, the health and care system would simply not be able to function and thousands of people with care needs could be left without the support they need.

North Tyneside's Carers Partnership Board is committed to:

- Improving the health and wellbeing of all unpaid carers living in North Tyneside and supporting them to have a life outside of caring.
- Actively promote open, honest working in co-production with carers.
- Ensure carers have a voice and are listened to.

We make this commitment in response to what carers have told us is important to them. This commitment has been co-produced with carers.

The Carers Partnership Board is a partnership of local organisations including decision makers from NHS providers, North Tyneside Council, and local VCSE organisations: North Tyneside Carers' Centre, the North Tyneside Parent Carer Forum, PROPS North East and Healthwatch North Tyneside.

We have identified the following priorities for 2024-2029. This is supported by a detailed workplan that is set annually and updated to reflect the latest feedback from carers in North Tyneside.

- Carers' views shape the priorities and work of the Carers Partnership Board. Carers' views are effectively shared with providers and decision makers. We take co-production approaches to increase the involvement of carers.
- Improve information for carers about their rights, what carers can expect and the support that is available to them.
- Work collaboratively to plan carer focused activity and identify opportunities for investment and strategic working.
- Improve the knowledge and skills of frontline staff to identify and support carers.
- Challenge all service providers and commissioners to consider how they can improve the identification and support for carers.

- Review and improve carer support in particular service areas including:
  - Young carers.
  - Parent carers.
  - Carers of people with mental health issues.
  - Primary care.
  - Secondary care pathways.
  - Respite support for carers

You can find out more about support for carers, the progress we are making with these priorities, more detail about North Tyneside's commitment to carers and how you can get involved at [www.livingwellnorthtyneside.co.uk/advice-and-support/carers-support](http://www.livingwellnorthtyneside.co.uk/advice-and-support/carers-support) or call **Healthwatch North Tyneside on 0191 2635321**.





## North Tyneside Commitment to Carers October 2024