

## **March - Young Carers' Forum**

Date: 4th March 2025

Attendees: 7 young carers

### **Discussion topic:**

#### **Young Carers Assessment Paperwork**

The group has a chance to review assessment paperwork which is used by our service. The paperwork has been created to gather information about the whole family, establish what support is needed, document outcomes and create a SMART action plan around the carer and their family.

Things we considered during the session:

Wording

Length of document

Questions

Communication

Time to complete

The forum members gave lots of helpful feedback which we have used to help improve our documents.

#### **Shared WhatsApp Community**

We shared with the group about our plans to create a WhatsApp Community group which will give carers and their families access to information in one space.

Discussed privacy, access and logistics.

All members thought this was a good step forward in communications.

Next session to be held: **Monday 28th April**

**Wallsend Customer First Centre**

Next discussion topics-

Carers Week - content around mental and physical health