**Letter to existing carers re support available**

Dear ???

My name is [insert name] and I am the Carers Champion at [insert practice name].

Part of my role is to ensure carers registered with our practice are aware of the help and support available to them.

If you are a carer and would like to know more about how I can help, please contact me on [insert number].

Alternatively, please find a North Tyneside Carers Centre leaflet enclosed which provides a summary of the support they can provide and how to contact them.

Thank you

[Insert name]

Enc.