



North Tyneside
Carers' Centre

PREPARING FOR END-OF-LIFE CARING

North Tyneside Carers' Centre is working with Marie Curie to help carers prepare for their loved-one's end of life journey. These sessions will give practical information and support and help to break some of the taboos that surround death and dying. You are welcome to book a free place on any, or all, of the sessions.

Session 1: Life Café & Resilience skills for carers

Wednesday 12th October 2022 1:30 – 3:30pm

Session 2: Lasting Power of Attorney and Wills

Wednesday 26th October 2022 1:30 – 3:30pm

Session 3: Having difficult end-of-life conversations

Wednesday 9th November 2022 1:30 – 3:30pm

Session 4: Options for care and navigating the system

Wednesday 23rd November 2022 1:30 – 3:30pm

**Venue: Scouts Head Quarters. 31 -35 Norfolk St,
North Shields, NE30 1NQ**

To Book:

0191 643 2298

enquiries@ntcarers.co.uk

Registered Charity no: 1051472.