

CARERS WEEK 2022

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK.

We are pleased to offer carers the following FREE activity programme:

Wellbeing Walk and Afternoon Tea

When: Monday 6 June 2022.

Time: Meet at Wallsend Metro at 11am. Afternoon tea at 1pm.

A guided stroll around Wallsend Park where you will learn about its rich history. You will then enjoy afternoon tea at the bowling pavillion in the park.

Outing to Beamish Museum including transport

When: Tuesday 7 June 2022.

Time: Coach leaves Carers Centre at 10.15am and will leave Beamish to return at 4.30pm.

A trip to the world famous museum for carers and the person they care for. Enjoy the huge range of exhibits celebrating North East history.

Music Evening with members of Lindisfarne

When: Thursday 9 June 2022.

Time: 6pm - 8pm.

Dave Hull-Denholm and Ian Thompson from legendary local group Lindisfarne, will treat us to an evening of music and song at The Exchange. Howard Street, North Shields.

Online Bingo session

When: Friday 10 June.

Time: 6pm - 7.15pm.

Join us for a fun online bingo session via Zoom. Have your dabber ready, try your luck and you might win a prize.

To book a place contact

0191 643 2298



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