

Winter is here.

Get help to reduce your fuel bills and keep safe.

Winter means higher fuel bills and more worries for many carers. So Carers Trust and Energy Saving Trust have teamed up to bring you some online learning to help you keep those bills down.



It's easy to sign up. Just use the link below or scan the QR code.

You'll need to use your email address to create an account. Once you're set up, you can work through the four short modules at your own pace. You can stop and start again when you want.

There's no exam and nobody is monitoring how you go through the modules. But what you learn might just save you some money this winter.

The modules are designed to help busy carers understand:

- insulation and draught-proofing your home
- heating systems and controls
- the risks of carbon monoxide poisoning
- the Priority Services Register (PSR)
- energy-efficient appliances, and
- grants and schemes for insulation and heating improvements.

So what are you waiting for? Set up your account today and get saving!

Register with this link, or use the QR code:
<https://energysavingtrust.reach360.com/register/3fc1877a-aef5-48c8-b0fe-97fc3138a951>

Once you've registered, you can log back in to your training here:
<https://energysavingtrust.reach360.com>

