

# **The business case for supporting working carers.**

- **90% of working carers are aged 30+ - employees in their prime employment years**
- **2.3 million people have given up work at some point to care for loved ones**
- **Nearly 3 million people have reduced working hours to care for loved ones**
- **Far from compromising business objectives, research shows that using a flexible working approach:**
  - **attracts and retains staff**
  - **reduces stress**
  - **reduces recruitment and training costs**
  - **increases resilience and productivity**
  - **reduces sick leave and absenteeism**
  - **improves service delivery**
  - **produces cost savings**
  - **improves people management**
  - **increases staff morale**

**North Tyneside Carers' Centre, 3rd Floor, YMCA building, Church Way,  
North Shields, NE29 0AB Tel: 0191 643 2298**

**This information was taken from Carers UK and YouGov (2013) as part of Caring and Family Finances Inquiry UK Report (2014) Carers UK EFC Briefing (January 2015) The business case for supporting working carers.**