

Support for people caring for someone living outside North Tyneside

- Gateshead Carers Association 0191 490 0121
enquiries@gatesheadcarers.com
- Carers' Centre Newcastle 0191 260 3030
info@carerscentrenewcastle.org.uk
- Carers Northumberland 01670 320025
info@carersnorthumberland.co.uk
- South Tyneside Adult Carers' Service 0191 406 1531
southtynesidecarers@lifeline.org.uk
- Sanctuary Supported Living (Stockton) 0330 123 3247
Supported.living@sanctuary-housing.co.uk
- Sunderland Carers Centre 0191 549 3768
info@sunderlandcarers.co.uk
- Durham County Carers Support 0300 005 1213
admin@dccarers.org
- Hartlepool Carers 0142 928 3095
staff@hartlepoolcarers.org.uk
- Carers Together (Redcar and Cleveland) 0164 248 8977
carerstogether@btconnect.com
- Darlington Association on Disability Carer Support Service 0132 535 7533
carers@darlingtondisability.org

North Tyneside Carers' Centre, 3rd Floor, YMCA building, Church Way,
North Shields, NE29 0AB Tel: 0191 643 2298